



Volunteer for a decade of change! #youthcolab

A grassroots movement of volunteers, named Movers

Movers are passionate youth who take action in their community by organising and facilitating localised workshops about the United Nations Sustainable Development Goals (SDGs) and Entrepreneurship.

The Movers Programme, founded by Youth Co:Lab, an initiative co-led by UNDP and Citi Foundation, provides Movers with the knowledge, tools and guidance to take action and develop 21st-century skills.

5 reasons why you should become a Mover

JOIN A COMMUNITY of changemakers

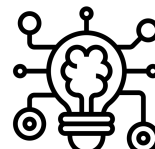
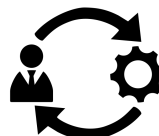
HAVE AN IMPACT on your community

DEVELOP NEW SKILLS by practicing them

GET A CERTIFICATE showcasing your impact

RECEIVE OPPORTUNITIES to keep on learning

How to #JoinTheMovement?



Attend a Movers Workshop, online or offline

Register to volunteer with us and be a Mover!

Organise Movers Workshops in your community

Share your impact in the learning platform

Get access to new learning opportunities

Get started here: www.youthcolab.org/movers

Founding Partners



Curriculum Partners

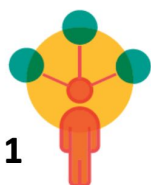


Programme Partner



Curriculum of the Movers Workshops

The 3 pillars of 21st-century skills



1

Digital Literacy Skills

ICT and technological literacy



2

Soft Skills

Leadership, communication, critical thinking and problem-solving skills



3

Global Citizenship

Social and cultural competencies to support inclusive and sustainable societies

Topics of the Movers Workshops

Movers Workshops are 2-hour fun and interactive sessions for youth to discover and relate to a key thematic area that falls under 21st-century skills. Each workshop comes with relevant resources to encourage ongoing learning.

After a youth joins his/her first workshop, he or she can then organise and facilitate a workshop of the same topic. The purpose is to inspire and build capacity of youth to deliver similar workshops within their communities. The workshops can be held anywhere and anytime, online or offline, by volunteers of the Movers Programme, with no limit of participants!

THEMATIC AREAS OF MOVERS CURRICULUM:

- Introduction to the SDGs LEVEL 1
- Introduction to the SDGs LEVEL 2 [*under development*]
- Orientation to Entrepreneurship (with ILO-CBED) LEVEL 1
- Orientation to Entrepreneurship LEVEL 2 [*under development*]
- SDG 4: Quality Education
- SDG 5: Gender Equality LEVEL 1
- SDG 5: Gender Equality LEVEL 2 [*under development*]
- SDG 13: Climate Action (with UNDP Climate Promise) LEVEL 1
- SDG 13: Climate Action (with UNDP Climate Promise) LEVEL 2
- Digital Branding & Employability (with LinkedIn) LEVEL 1
- Digital Branding & Employability LEVEL 2 [*under development*]
- Community Building
- Leadership in Action LEVEL 1
- Leadership in Action LEVEL 2
- Storytelling: Tell Your Own Story
- The World We Want



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The Movers Journey: 7 Phases of Action



Welcome to the Movers Community! Your experience with the **Movers Programme** will be an exciting adventure, divided in **7 phases**. Here is a summary to guide you on which phase you are now and the requirements to level up to the next phase. After graduating from each level, you will receive a certificate!

LEVEL 0: Participant

- You have fully attended a Movers Workshop, online or offline.

LEVEL 1: Aspiring Mover

- You have completed [this registration form](#) to join the Movers Programme.
- You joined an Onboarding Call ([check calendar](#)) or watched the [recording](#).

LEVEL 2: Mover Facilitator

- You have organized and facilitated 2 Movers Workshops (total 4 hours).
- You have reached at least 20 participants.

LEVEL 3: Mover Mentor

- You have organized & facilitated 4 Movers Workshops (total 8 hours) for at least 50 participants.
- You have mentored 2 Aspiring Movers to become Movers.

LEVEL 4: Mover Community Builder

- You have organized & facilitated 8 Movers Workshops (total 16 hours) for at least 100 participants.
- You have mentored 5 Aspiring Movers to become Movers.

LEVEL 5: Mover Ambassador

- You have organized & facilitated 12 Movers Workshops (total 24 hours) for at least 150 participants.
- You have mentored 10 Aspiring Movers to become Movers.

LEVEL 6: Movers Envoy

- You have organized & facilitated 25 Movers Workshops (total 50 hours) for at least 500 participants.
- You have mentored 20 Aspiring Movers to become Movers.

#JOINTHEMOVEMENT

