

Dear Friends,

We are delighted to present the 2023 Annual Report for the YMCA of Delaware, an affirmation of our collective efforts, achievements, and impact throughout the past year. As we reflect on our journey and accomplishments, we are immensely grateful for the unwavering support, dedication, and collaboration of our members, donors, volunteers, staff, and community partners.

In 2023, we identified our most urgent community needs and developed the YMCA of Delaware Promises listed below, which will guide our work in the years to come as well as deepen the Y's reach and impact across our state.

Ensure every youth and teen we serve is on a pathway to success

We are dedicated to providing a nurturing and empowering environment where young people can thrive academically, socially, and emotionally. Through mentorship, educational support, leadership opportunities, and a wide range of enriching activities, we guide and inspire our youth to set and achieve meaningful goals, build essential life skills, and become confident, responsible, and successful individuals poised for a bright future.

Improve the health and wellbeing of every individual and family we serve

Through our wide range of programs and services including fitness classes, nutritional guidance, mental wellness support, and family activities, we provide comprehensive resources to help our members lead healthy and fulfilling lives. Our inclusive and supportive community fosters a sense of belonging and encouragement, which empowers individuals and families to make positive lifestyle choices and achieve their wellness goals.

Unite communities and inspire service to others

We believe in bringing people together to work toward shared goals. By nurturing a sense of belonging and social responsibility, we empower individuals to make meaningful contributions to their communities, sparking a ripple effect of generosity and compassion. Our commitment to unity and service underscores our belief in the transformative power of collective action, strengthening bonds and creating a brighter future for all.

As we look to the future, we remain committed to our mission of strengthening communities through youth development, healthy living, and social responsibility. We will continue to innovate, adapt, and collaborate to address emerging needs, amplify our impact, and create a brighter, healthier future for generations to come.

Yours in service,

Janet lægster

Jarrett Royster,
President & Chief Executive Officer

Enid D. Wallace Simms

Enid Wallace-Simms, Board Chair

VISION: A healthy, inclusive community where all people reach their full potential. **MISSION:** To empower youth, foster healthy living, and promote strong communities.

MEET RJ

Despite many hardships, RJ's optimism is striking. Throughout his life, RJ has faced significant adversity, enduring periods of incarceration and homelessness. Most recently, he faced an unimaginable challenge when he lost his leg. Yet, RJ's spirit remains unbroken.

In November 2023, RJ moved into the Central YMCA Residence in Wilmington, Delaware, where he continued his journey of growth and independence.

This emerging entrepreneur has navigated through life's most challenging moments in 'survival mode,' with a near-death experience and subsequent coma, giving him a profound understanding of life's value. Now, RJ dedicates himself to producing podcasts and fostering relationships with fellow YMCA residents. His aim is to support their growth and share the lessons he's learned about resilience, dedication, and the importance of contributing positively to the world.

The Central YMCA Residence program is a critical steppingstone for RJ as he regains stability. Dedicated staff and community partners connect him to resources that help him find his way.

RJ's positive attitude radiates warmth and resilience in his heart, reminding us that even in the face of overwhelming odds, the human spirit can shine brightly and guide us toward hope and connection.

2023 IN REVIEW

\$5.26 MILLION

IN FINANCIAL ASSISTANCE

connected 16,377 children, teens, and adults to YMCA membership and transformative programs.

100,000 LIVES IMPACTED

through membership and programs.

2,051

DONORS

1,772 **EMPLOYEES**



Membership (As of December 2023)

Financial Assistance

MEMBERSHIP: \$2,561,929

CHILDCARE: \$1,149,059

HEALTHY LIVING PROGRAMS: \$124,701

SUMMER DAY CAMP: \$940,952

CAMP TOCKWOGH: \$307,854

HOUSING: \$131,210

AQUATICS: \$21,322

YOUTH SPORTS: \$25,448



Each year, we serve thousands of children and teens across the state, addressing key areas that drive future success including mental and physical health, education, career opportunities, and more. Our Youth Development programs, like Summer Camp, Before & After School Enrichment, Youth In Government, and Workforce Development, just to name a few, provide the tools and safe spaces which allow Delaware's future leaders to flourish.

PROVIDING SAFE SPACES WHERE EVERYONE CAN THRIVE

Youth who are involved in positive out-of-school activities are less likely to engage in negative behaviors.

2,275 TEENS connected with inspiring mentors and opportunities that empowered them to lead and grow within the safe and healthy spaces at the YMCA.

PREVENTING LOSS

59% of students (grades 3–8) are not proficient in English Language Arts; 69% are not proficient in Math.

1,391 CHILDREN flourished in Before & After School Enrichment (BASE) child development programs. 41% of these bright, young minds received nearly \$2 MILLION of YMCA and state-funded financial assistance to thrive in our nurturing childcare programs.

4,796 CAMPERS discovered the joys of the outdoors, continued learning, and built lasting friendships at YMCA camps. **21% received over \$1.5 MILLION** of YMCA and statefunded financial assistance to support their safe summer experience.

IMPROVING HEALTH AND WELLBEING As the largest nonprofit provider of healthy living programs in the state, we support families and individuals of all ages and abilities in their pursuit of a healthy life. Our evidence-based programs, including **Diabetes Prevention** and **LEAN (Lifelong Essentials for Activity & Nutrition)**, utilize best practices to prevent chronic disease. **LIVESTRONG at the YMCA** assists those who are living with, through, or beyond cancer to regain strength, fitness, and quality of life.

BUILDING HEALTHIER COMMUNITIES

2 IN 3 DELAWARE ADULTS suffer from a chronic health condition.

772 INDIVIDUALS engaged in our LiveSTRONG at the YMCA, Diabetes Prevention, and LEAN healthy weight programs. In addition to lowering healthcare costs, the Y's Healthy Living Programs support participants in their journey towards living a healthier life and overcoming chronic health challenges.

121,039 INDIVIDUALS were able to live healthier, more connected lives through membership and community-based programs at the Y.

KEEPING KIDS SAFE AROUND WATER

4,582 CHILDREN improved their confidence and learned essential water safety skills in our inclusive and accessible YMCA swim lessons.



The YMCA of Delaware is an inclusive organization open to all. We believe that in a diverse world we are stronger when we are inclusive. When our doors are open to all, everyone has the opportunity to learn, grow, and thrive. We focus on **volunteerism**, **advocacy**, **and social services** to do our part in strengthening our communities. Our **Open Doors Financial Assistance Program** allows every child, family, and individual to become a member of the Y or benefit from a community-based program.

CREATING OPPORTUNITIES

EVERYONE is welcome at the YMCA regardless of age, income, or background.

193 MEN found stability, support, and sanctuary in our supportive housing program at the Central YMCA in Downtown Wilmington.

515 YOUNG ADULT EMPLOYEES, ages 16-24, gained invaluable workplace experiences, a competitive wage, and the opportunity to make a difference in their community.

COMBATING SOCIAL ISOLATION

In Delaware, nearly 1 in 4 adults aged 65 and older are socially isolated.

11,241 OLDER ADULTS were connected to welcoming spaces that nurture their sense of belonging and strengthen their emotional, mental, and physical health.



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GAME CHANGERS \$350K+

Mayor and Council of Middletown **New Castle County** State of Delaware U.S. Department of Housing and **Urban Development** United Way of Delaware

HEROES \$100K - \$250K

Barclays Bank Delaware City of Wilmington David and Michelle Shepherd TD Charitable Foundation

IMPACT PARTNERS \$50K - \$99K

ChristianaCare Community Investment Fund Laffey-McHugh Foundation YMCA of the USA

CHAMPIONS \$25K - \$49K

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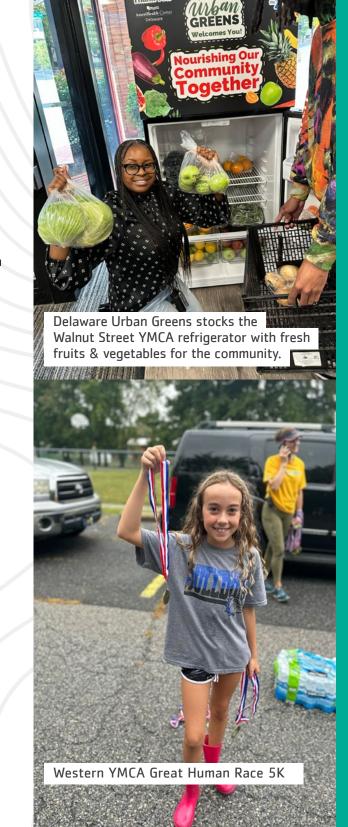
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Middletown YMCA Summer Camp





PRESERVING THE YMCA FOR FUTURE GENERATIONS

Membership in the Heritage Society simply requires a commitment of a gift, now or in the future, ensuring the YMCA of Delaware is strong for future generations. With your support, the YMCA can help safeguard youth development, healthy living and, social responsibility in our communities.

To learn more visit www.ymcade.org/give.

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CONSOLIDATED STATEMENT OF ACTIVITIES

(dollars in thousands)

REVENUE	2023 Without Donor Restrictions	2023 With Donor Restrictions	2023 Total	2022 Total (Audited)
Contributions	1,256,853	\$1,972,101	3,228,954	4,093,307
Government Contracts	6,900,953		6,900,953	6,958,329
Membership	19,973,766		19,973,766	16,107,984
Program Fees	14,381,395		14,381,395	12,655,335
Investments	1,994,814		1,994,814	(1,704,460)
Other Revenue	689,777	\$629,005	1,318,782	(813,662)
Net Assets Released from Restrictions	2,427,163	(2,427,163)		
Total Revenue	47,624,721	173,943	47,798,664	37,296,833

EXPENSES

Program Services	41,221,996		41,221,996	36,850,681
Supporting Services	7,200,216		7,200,216	6,044,728
Total Expenses	48,422,212		48,422,212	42,895,409
Change in Net Assets from Operations	(797,491)	\$173,943	(623,548)	(5,598,576)
Non-operating Activity	(165,987)		(165,987)	501,745
Change in Net Assets	(963,478)	\$173,943	(789,535)	(5,096,831)

CONSOLIDATED STATEMENT FINANCIAL POSITION (dollars in thousands)

ASSETS	2023	2022 (Audited)
Cash and Equivalents	4,372	8,981
Accounts Receivable, Net	929	899
Prepayments and Other Assets	681	622
Investments	12,666	17,093
Restricted Assets	1,338	1,391
Beneficial Interest in Perpetual Trusts	5,459	4,830
Net Land, Buildings & Equipment	71,648	58,242
Right-of-Use Assets	2,727	3,094
Contributed Use of Facility	2,497	2,514
Other Assets	234	393
TOTAL ASSETS	102,550	98,059

LIABILITIES AND FUND BALANCE

Accounts Payable & Accrued Expenses	2,447	5,352
Deferred Revenue	1,004	937
Other Liabilities	282	313
Notes Payable	5,621	5,558
Operating Lease Liabilities	332	611
Finance Lease Liabilities	2,384	2,413
Bonds Payable, net	29,243	20,847
Total Liabilities	41,312	36,031
Total Net Assets	61,238	62,028
Total Liabilities & Net Assets	102,550	98,059





YMCA OF DELAWARE

LOCATIONS

BEAR-GLASGOW FAMILY YMCA

351 George Williams Way Newark, DE 19702 (302) 836-9622

BRANDYWINE YMCA

3 Mount Lebanon Road Wilmington, DE 19803 (302) 478-9622

CENTRAL YMCA

501 West Eleventh Street Wilmington, DE 19801 (302) 254-9622

DOVER YMCA

1137 South State Street Dover, DE 19901 (302) 346-9622

MIDDLETOWN FAMILY YMCA

202 E. Cochran Street Middletown, DE 19709 (302) 616-9622

SUSSEX FAMILY YMCA

20080 Church Street Rehoboth Beach, DE 19971 (302) 296-9622

WESTERN FAMILY YMCA

2600 Capitol Trail Newark, DE 19711 (302) 709-9622

WALNUT STREET YMCA

(Youth Development Center) 1000 North Walnut Street Wilmington, DE 19801 (302) 472-9622

YMCA CAMP TOCKWOGH

24370 Still Pond Neck Road Worton, MD 21678 (410) 348-6000

ASSOCIATION OFFICE

100 W. 10th Street, Suite 1100 Wilmington, DE 19801 (302) 571-6908