

| TFAH 2023 State of Obesity Report - State by State Adult Obesity Rates (2021 and 2022) |                         |                         |
|--|-------------------------|-------------------------|
| States   | 2021 adult obesity rate | 2022 adult obesity rate |
| Alabama  | 39.9                    | 38.3                    |
| Alaska   | 33.5                    | 32.1                    |
| Arizona  | 31.3                    | 33.2                    |
| Arkansas   | 38.7                    | 37.4                    |
| California   | 27.6                    | 28.1                    |
| Colorado   | 25.1                    | 25.0                    |
| Connecticut  | 30.4                    | 30.6                    |
| Delaware   | 33.9                    | 37.9                    |
| D.C.   | 24.7                    | 24.3                    |
| Florida  | n/a                     | 31.6                    |
| Georgia  | 33.9                    | 37.0                    |
| Hawaii   | 25.0                    | 25.9                    |
| Idaho  | 31.6                    | 33.2                    |
| Illinois   | 34.2                    | 33.4                    |
| Indiana  | 36.3                    | 37.7                    |
| Iowa   | 36.4                    | 37.4                    |
| Kansas   | 36.0                    | 35.7                    |
| Kentucky   | 40.3                    | 37.7                    |
| Louisiana  | 38.6                    | 40.1                    |
| Maine  | 31.9                    | 33.1                    |
| Maryland   | 34.3                    | 33.2                    |
| Massachusetts  | 27.4                    | 27.2                    |
| Michigan   | 34.4                    | 34.5                    |
| Minnesota  | 32.4                    | 33.6                    |
| Mississippi  | 39.1                    | 39.5                    |
| Missouri   | 37.3                    | 36.4                    |
| Montana  | 31.8                    | 30.5                    |
| Nebraska   | 35.9                    | 35.3                    |
| Nevada   | 31.3                    | 33.5                    |
| New Hampshire  | 30.6                    | 30.2                    |
| New Jersey   | 28.2                    | 29.1                    |
| New Mexico   | 34.6                    | 32.4                    |
| New York   | 29.1                    | 30.1                    |
| North Carolina   | 36.0                    | 34.1                    |
| North Dakota   | 35.2                    | 35.4                    |
| Ohio   | 37.7                    | 38.1                    |
| Oklahoma   | 39.4                    | 40.0                    |
| Oregon   | 30.4                    | 30.9                    |
| Pennsylvania   | 33.3                    | 33.4                    |
| Rhode Island   | 30.1                    | 30.8                    |
| South Carolina   | 36.1                    | 35.0                    |
| South Dakota   | 38.4                    | 36.8                    |
| Tennessee  | 35.0                    | 38.9                    |
| Texas  | 36.1                    | 35.5                    |
| Utah   | 30.9                    | 31.1                    |
| Vermont  | 29.0                    | 26.8                    |
| Virginia   | 34.2                    | 35.2                    |
| Washington   | 28.8                    | 31.7                    |
| West Virginia  | 40.6                    | 41.0                    |
| Wisconsin  | 33.9                    | 37.7                    |
| Wyoming  | 32.0                    | 34.3                    |

\* Data for Florida are not available for 2021

Read the full report at: <https://www.tfah.org/report-details/state-of-obesity-2023>