

HOW CAN I STAY SAFE WHILE USING DRUGS?

Are you worried you or someone you know will experience a drug overdose?

Do you need help with housing, food or other health needs?

Do you want to get tested for infections?

Treatment is available for drug and alcohol use.

If you live in San Mateo County, call the **ACCESS Call Center at 1-800-686-0101**.

Pick the language you speak and pick option 4 for “mental health and substance use.” It is important that YOU call or give permission to allow family or friends to speak for you.

If you are not yet ready to enter treatment, there are ways to stay safe when you use. There are resources to:

REVERSE A DRUG OVERDOSE

Naloxone kits are available and are usually **FREE**.

Naloxone (Narcan) helps reverse an overdose from heroin, fentanyl, or pain pills. Naloxone can be sprayed in the nose or injected. It works in minutes. Contact 9-1-1 for overdose help after using naloxone because it wears off and a person will need more. Using more opiates after naloxone can result in a second overdose.

TEST FOR INFECTIONS & PROVIDE CLEAN NEEDLES

Sexually Transmitted Infections (STIs) can happen if needles are shared.

Get checked for Hepatitis C, HIV, and other sexually transmitted infections.

Clean needles, condoms, and testing for Hepatitis C, HIV, and other sexually transmitted infections (STIs) are also available for **FREE**.





HELP WITH HEALTH, HOUSING, & FOOD

Health care, social services, and help finding treatment, housing, food, dental care and other services can be found by visiting: www.smc-connect.org

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SAN MATEO COUNTY SERVICES AND RESOURCES

	EDISON CLINIC	MOBILE CLINIC	TESTING ON DEMAND VAN	INTEGRATED MEDICATION ASSISTED TREATMENT (IMAT) CASE MANAGEMENT
 LOCATIONS	222 W. 39th Avenue, San Mateo	Services are available in different places during the week.	A van will come to where you are.	Located at the SMMC Emergency Department.
 CONTACT	<p>Call (650) 573-2385</p> <p>Tuesday: Testing Clinic: 4pm-7pm</p> <p>Thursday: Symptom Clinic: See a doctor about your symptoms, receive medicine, or STI testing, 4pm - 7pm</p> <p>No appointment needed.</p>	<p>Call 650-573-2786 for the time and place closest to you.</p> <p>For locations, visit: https://www.smchealth.org/general-information/mobile-clinic</p> <p>No appointment needed.</p>	<p>Call 650-619-9125 to get services where you are.</p>	<p>Call 650-573-2735 for more information or ask for IMAT to be connected to resources.</p>
 SERVICES	<ul style="list-style-type: none"> ✓ Test for HIV/AIDS and other sexually transmitted infections (STIs) ✓ Treatment for itching, discharge, sores, or rashes related to sexually transmitted infections 	<ul style="list-style-type: none"> ✓ Naloxone (Narcan) ✓ Clean needles ✓ Check blood pressure, sugar for diabetes, Tuberculosis, pregnancy, STIs ✓ Vaccinations ✓ Physical exam for adults ✓ Family planning counseling and birth control options ✓ Urgent care for immediate health problems 	<ul style="list-style-type: none"> ✓ Test for HIV/AIDS and other sexually transmitted infections (STIs) ✓ Clean needles 	<ul style="list-style-type: none"> ✓ Naloxone (Narcan) ✓ Fentanyl testing strips
 COST	<p>Cost varies depending on service received and how services are paid for.</p> <p>Many services are free.</p> <p>Contact the service provider for more information on the cost of services.</p>			



SAN MATEO COUNTY HEALTH
All together better.

You have the right to receive services in the language you speak. If you are not happy with the care or services you receive, please call: 1-800-388-5189.

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