

Oral Health Curricula

| Curriculum | Description | Target population | Strength | Weakness | Website |
|---|--|-------------------|--|--|---|
| A Head Start Teacher's Guide for Creating Healthy Smiles | This engaging curriculum for three- to five-year-olds includes the main lesson, along with supplemental and enrichment materials to add activities and fun, such as colorful picture cards, books, charts, picture cards, and songs. Each simple, step-by-step lesson comes with a helpful newsletter you can share with the parents in your program to increase their knowledge and encourage them to practice the same good oral health care at home with their child. | 3-5 years old | Provides background information for teachers, clear learning objectives. | Does not offer video resources. | https://www.mchoralhealth.org/ohmdkids/ |
| ADA Tiny Smiles A Give Kids A Smile Program | Educational materials for dental professionals to promote healthy oral care habits among young patients and their families. | 0-5 years old | Tools and resources for educators, dental professionals, and medical professionals. Available in the Spanish language. | No curriculum, only infographics and activity sheets. | http://www.scholastic.com/givekidsasmile/index.html |
| CDA Dental Health Education Resource Guide | This guide is divided into two parts. One portion focuses on dental health education for preschool through 2nd grade. The second portion focuses on 3rd grade through 5th grade. Each section contains goals and objectives in addition to age-appropriate games and puzzles. | Pre K - 5th grade | Clear objectives of the lesson, a variety of activities, oral health fact sheets, and letters to parents. | Lacks slide presentations and videos. Teachers may need to create props. | https://www.cda.org/Portals/0/pdfs/dentalhealthguide.pdf |
| Colgate Bright Smiles, Bright Future | Educational materials for teachers, parents, and dental professionals. Bright Smiles, Bright Future teaches children not only how to care for their teeth and gums, but why good oral health is important and develop healthy long-term dental care habits. | Pre K - 3rd grade | Variety of educational materials from videos, activity sheets, and posters are available. | Curriculum is focused on only younger students | https://www.colgate.com/en-us/bright-smiles-bright-futures/program-materials/teachers |
| Connecticut Cares About Oral Health | The oral health education packet that can be used as part of an interdisciplinary approach to educating students about oral health and overall health. | Pre K-12th grade | Curriculum outlines a basic framework to help teachers know what, how, and when to use the curriculum. | The curriculum is not the most current. | http://www.ctschoolhealth.org/images/CT_Oral_Health_Curriculum_Final.pdf |
| Healthy Smiles for a Lifetime/Sonrisas Saludables para Toda la Vida | Oral health curriculum for the training of community health workers. It focuses on preventing common dental problems such as tooth decay and gum disease and the barriers that keep farmworkers from being able to enjoy good dental health. | Health workers | Curriculum, handouts, and PPT presentations are in both English and Spanish. Pre and post-test are available. | May not be the most current, last updated in 2005. | http://www.ncfh.org/patient_education_resources.html#O |
| Missouri K-12 Oral Health Education Curriculum | The oral health education PowerPoint presentations designed specifically for Kindergarten-High School Seniors. These presentations can be used, in conjunction with other health curricula. | K-12th grade | Available in the Spanish language | Limited activity that coincides with the presentation. | https://health.mo.gov/living/families/oralhealth/oralhealtheducation.php |
| Mouth Heroes for Schools | Teaching resource for children aged 5-9 years. It gives teachers everything they need to deliver engaging lessons to make sure children take good care of their teeth and mouth. Toothie, the spokesperson teaches children to develop important health-related life skills. | K-4th grade | Variety of teaching materials provided; videos, presentations, and worksheets. | Not offered in other languages. | https://www.fdiworlddental.org/mouth-heroes-for-schools |
| NIH Open Wide and Trek Inside | The Lesson Plans provide the framework for both the hands-on classroom activities and the Web-based multimedia activities that make up this curriculum supplement. The module focuses on the science of the oral environment, and major scientific concepts relating to oral health. Together, the classroom and multimedia activities enable students to gain a deeper understanding of the science behind this important topic, and how it relates to human health. | 1-2nd grade | Web-based modules, lesson plans provided | May need internet to view video. | https://science.education.nih.gov/supplements/webversions/oral-health/default.html |
| Oral B Classroom Resources | This program provides materials that make it easy for first-grade teachers to educate their students about the importance of oral care. | 1st grade | Customizable lesson plans, demos and videos available, variety of activities and materials to chose based on the length of the lesson plan | Lesson plan is only available for one school grade. | https://www.dentalcare.com/en-us/patient-education/childrens-dental-health/lesson-plans |
| Smile Smarts Dental Health Curriculum | Smile Smarts! is a dental health curriculum for preschool through grade eight students offering flexible, modular lesson plans, support materials, hands-on classroom demonstrations, student activity sheets, and suggestions for future dental health activities. | Pre K - 8th grade | Each topic is broken up in modules. Step by step instructions and scripts are included. | Additional educational materials need to be purchased. | https://www.mouthhealthy.org/en/resources/lesson-plans/smile-smarts |