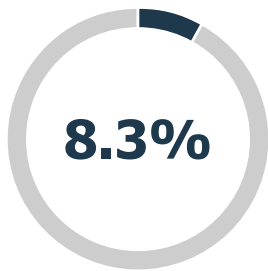


Young Adult Mental Health

Serious Mental Illness

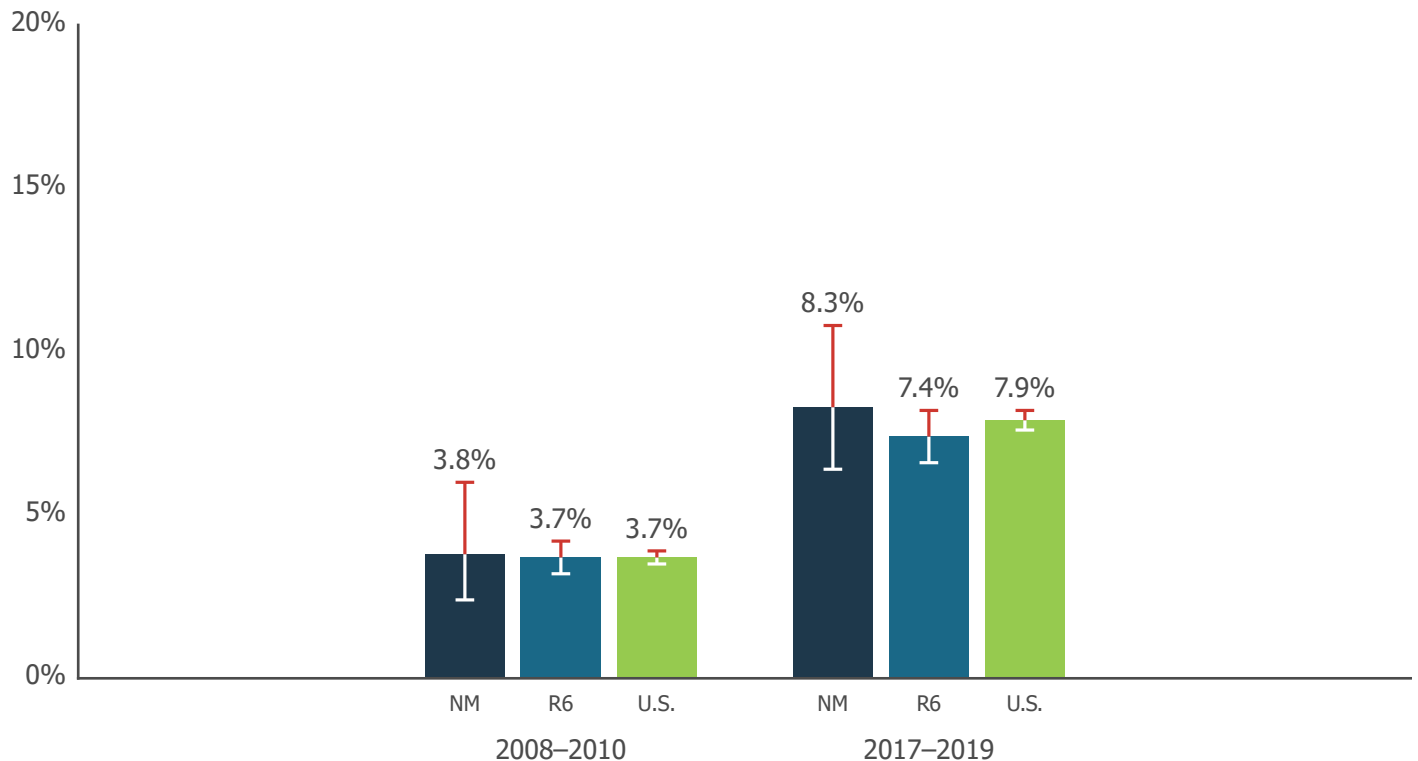


Changes in Past-Year Serious Mental Illness (SMI) among Young Adults Aged 18–25 in New Mexico, Region 6, and the United States (Annual Averages, 2008–2010 and 2017–2019)^{1,6}



Among young adults aged 18–25 in New Mexico, the annual average percentage with SMI in the past year increased between 2008–2010 and 2017–2019.

During 2017–2019, the annual average prevalence of past-year SMI in New Mexico was **8.3%** (or **18,000**), similar to both the regional average (**7.4%**) and the national average (**7.9%**).



Error bars indicate 95% confidence interval of the estimate.
NM = New Mexico; R6 = Region 6 (Arkansas, Louisiana, New Mexico, Oklahoma, and Texas); U.S. = United States.