

# Gallup Global Strengths Coach

## INSTRUCTOR-LED COURSE

Learn how to find human potential — and then switch it on. In the Gallup Global Strengths Coach course, you will learn how to coach people to know themselves better, form stronger teams, excel in their career and perform better than ever before.

### Who Should Attend

This program is for people who develop others and lead coaching conversations, including independent professional coaches, corporate and executive coaches, educators, leaders, and managers.

### What You Can Expect

This in-depth, hands-on coaching course will enhance your coaching by reshaping the conversation about human development. You will learn a radically different way to develop others — helping them focus on their strengths and use them to produce hard-hitting results.

You will explore and refine your coaching style by developing your CliftonStrengths.

You will gain the science, expertise, techniques, tools, practice and experience you need to positively influence people's lives with the gift of strengths. You will help the people you coach better understand their talents and strengths, navigate their challenges, move forward when they are stuck, and reach their greatest potential.

During this course, you will learn how to integrate the principles of strengths-based development into your coaching by:

- developing your own strengths and using them to become a more effective coach
- appreciating your clients' unique talents, understanding what they can contribute to the world, and helping them use their talents and strengths to reach their goals
- providing managers with techniques for boosting individual and team performance using CliftonStrengths
- empowering teams to address challenges by using their collective strengths
- helping teams learn how to appreciate others' talents and strengths and combine them to accomplish goals together

### Professional Credit Hours

Participants who successfully complete this course can earn professional credit hours from ICF, HRCI and SHRM. For more information, contact [CEU@gallup.com](mailto:CEU@gallup.com).

### Program Format

This course is offered in two formats:

- four-and-a-half-day, instructor-led in-person course
- four-day, instructor-led virtual course

### Prerequisites

None

### Course Topics

The Breakthrough of Strengths

You as a Coach

Establish the Coaching Relationship

Help Clients Understand Their Strengths Profile

Help Clients Understand and Appreciate Their Strengths

What About Weaknesses?

Help Clients Invest in and Develop Their Strengths

Digging Deeper Into CliftonStrengths Themes

Pursuing a Life Well-Lived

Theme Dynamics

Coaching Practice

Your Continuous Development

Coaching Managers and Teams

Strategies for Building a Strengths-Based Culture

Strengths-Based Coaching Activities for Teams

### Coaching Session With a Gallup Strengths Coach

This learning experience includes an individual 60-minute coaching session with a Gallup strengths coach. The session takes place by phone after the course.

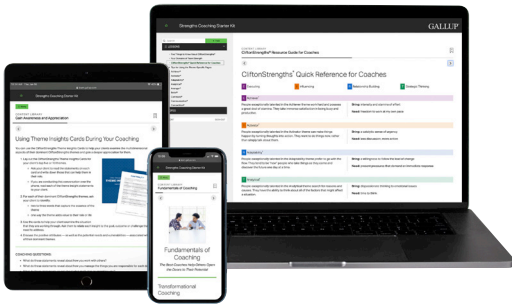
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*Courses are conducted at Gallup locations worldwide and virtually via Zoom. Gallup can also deliver this course at your location for groups of 15 or more. Visit <https://www.gallup.com/learning> for upcoming dates, locations and tuition information. Contact [coaching@gallup.com](mailto:coaching@gallup.com) with additional inquiries.*

Participants receive the following digital coaching kits:

### Strengths Coaching Starter Kit

This digital kit will help you understand and apply the principles of strengths-based development to advance your coaching and help your clients learn, grow, develop and succeed.

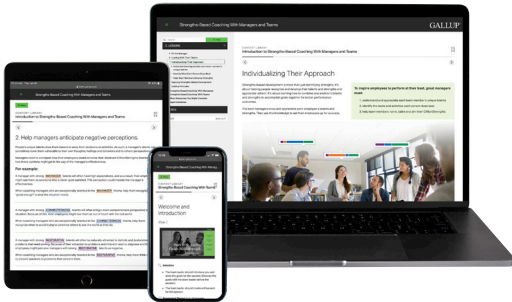


This kit includes:

- two informative guides with fundamental concepts and techniques to coach others on their talents and strengths
- content and resources to support your clients as they understand their strengths, navigate their challenges and reach their greatest potential
- resources to explore and integrate the 34 CliftonStrengths themes into your coaching

### Strengths-Based Coaching With Managers and Teams Kit

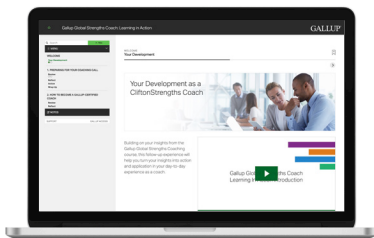
This digital kit will help you incorporate successful strategies and tools into your coaching to help managers and teams maximize their individual and collective talents to reach desired performance outcomes.



This kit includes:

- an introduction to the most important factors in creating a strengths-based team and a manager's vital role in this process
- content and resources to support your coaching with managers and teams
- tools and resources to help you lead strengths-based coaching activities for teams

### 12 Self-Paced Learning in Action Modules After the Course (45-60 minutes each)



Learning in Action modules help participants implement what they have learned and continue their development as a strengths coach after the course. Modules include suggested actions, study guides, sample coaching conversations, illustrations, suggestions for using coaching tools and more. Participants have access to this content for two years to revisit as they apply their coaching skills and expand their experience.