I heard from Terri, a self-employed woman in Newton, whose premiums were \$359 a month until ObamaCare canceled these plans, and her new premium is \$759 a month.

I ask my colleagues on the other side of the aisle to join with us in passing the Keep Your Health Care Plan to hold the President to his word that, if you like your plan, you can keep it.

NOVEMBER IS NATIONAL ALZ-HEIMER'S DISEASE AWARENESS MONTH

(Mr. HIGGINS asked and was given permission to address the House for 1 minute.) $% \left({{\left({{{{\bf{n}}_{\rm{s}}}} \right)}_{\rm{s}}}} \right)$

Mr. HIGGINS. Mr. Speaker, I rise today to recognize November as National Alzheimer's Disease Awareness Month.

Over 5 million Americans nationwide are living with Alzheimer's, a disease that afflicts the victim but also the family, a disease whose origins are unknown but whose end is absolutely certain. It is a disease that takes your mind, your dignity, and, eventually, your life. In 2013, Alzheimer's will cost the Nation \$203 billion. This number is expected to rise to \$1.2 trillion by 2015.

Mr. Speaker, I commend the work of the Western New York Alzheimer's Association and local advocate Nancy Swiston, who worked so hard this month and year-round to highlight the effects of Alzheimer's disease.

Alzheimer's disease is a public health crisis that can't be ignored. I urge my colleagues to raise awareness about Alzheimer's in their own communities and to support the bipartisan HOPE for Alzheimer's Act to improve diagnosis and treatment of Alzheimer's disease.

CONGRATULATING MONTANA CHAMPION OF CHANGE VANCE HOME GUN

(Mr. DAINES asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DAINES. Mr. Speaker, today I rise to congratulate Vance Home Gun, a member of the Confederated Salish and Kootenai Tribes from Arlee, Montana.

Vance was recently recognized as the 2013 Center for Native American Youth "Champion of Change" for his work to preserve the Salish language in his school and his community. I had the opportunity to meet with Vance just last night and learned more about the work he is doing on the Flathead Reservation.

Vance was introduced to a Salish language camp by his aunt when he was just 11 years old and has been determined ever since to become a fluent speaker in his tribe's language. He has been working with tribal departments, organizations, and youth groups for the past 6 years to help preserve the Salish language. Vance teaches language classes at high schools and leads an organization that utilizes peer-to-peer methods to teach language and culture.

I commend Vance for his commitment to preserving and increasing awareness of this important part of his tribe's culture and history, and I congratulate him on his well-deserved award.

Vance Home Gun, well done.

ACA IMPLEMENTATION

(Ms. KUSTER asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. KUSTER. Mr. Speaker, despite my significant frustration with the rollout of the Affordable Care Act, I remain committed to increasing access to affordable health care for every Granite Stater. To that end, I support efforts to ensure that folks who like their current health plan can keep them for another year.

In New Hampshire, Granite Staters already have the option of renewing their current plans; and I believe that families across the country should be able to do the same, and I will support good-faith efforts to do that.

But the Affordable Care Act is not a perfect law, and I am committed to improving it. Make no mistake; we cannot go back to the days when insurance companies were free to deny insurance coverage for people with preexisting conditions, or simply because they were female and their rates would be higher, or to drop people from their plans because they got sick, or to drop people from their plans because they grew older and were not living in their own home with the family.

I will continue to work with anybody who is serious about making this law work and to ensure that Granite Staters have access to the quality, affordable health care that they deserve.

FREEDOM TO SPEAK YOUR MIND WITHOUT FEAR OF RETRIBUTION

(Mr. MULVANEY asked and was given permission to address the House for 1 minute.)

Mr. MULVANEY. Mr. Speaker, I got a letter from someone in my district. It says:

You have probably heard about health care reform and wondered what it means to you. This letter is to let you know that your MyChoice health insurance plan from BlueChoice HealthPlan is non-grandfathered. This means you purchased it or made significant changes to it after March 23, 2010—the day the Affordable Care Act became law. As a result, the law requires that your insurance plan expire.

This is not the saddest part of this letter, the fact that this woman was made a promise that no one is keeping to her. The saddest part of this letter is she asked me not to use her name here today.

Someone does need to be held accountable for making promises to citizens that are not kept. But beyond

that, someone needs to be held accountable for allowing an environment to grow up where citizens of this country are afraid to have their name spoken on the floor of this House for fear of retribution from their government.

We will deal with health care. We will do the very best that we can. But beyond that, we need to figure out a way to create an environment where people are free to speak their minds on issues such as this.

WE STAND IN SUPPORT OF THE PEOPLE OF THE PHILIPPINES

(Ms. HAHN asked and was given permission to address the House for 1 minute.)

Ms. HAHN. Mr. Speaker, following one of the worst natural disasters to hit landfall, we stand as a world community in support of the people of the Philippines.

Last week, Typhoon Yolanda tore through the Philippines, tragically taking thousands of lives and leaving millions without food, water, or shelter. The road ahead will be difficult, but the resilient spirit of the Filipino community far and near will overcome this challenge.

As the representative of one of the largest Filipino communities in the United States, my heart goes out to the families in my communities whose loved ones suffered through this dreadful storm. My office is working to connect families with the State Department to help them locate and get news about their loved ones.

I am pleased by the significant humanitarian efforts from both my home district and around the world. We are a Nation founded and guided by the principles of humanity.

We must not forget our brothers and sisters in the Philippines, for far too many are still without food, water, and shelter. If the infrastructure is down, come on. Let's start thinking outside of the box and do everything in our power to provide food and water and critical support today.

RHODE ISLAND NURSES INSTITUTE

(Mr. CICILLINE asked and was given permission to address the House for 1 minute.)

Mr. CICILLINE. Mr. Speaker, I rise today to recognize the achievements of the Rhode Island Nurses Institute Middle College Charter High School, the first middle college established in Rhode Island, and the first American charter school that is dedicated to the nursing profession.

My grandmother Lucy Cicilline was a proud nurse at St. Joseph's Hospital for many years.

As a 4-year program, this institution helps to bridge the gap between high school and college, providing students who have graduated ninth grade with an innovative learning experience that allows them to graduate with a high