



### **UNIFIED CHAMPION SCHOOLS**

# COOL THINGS HAPPENING AT SCHOOLS TAKE THE PLUNGE AT THE BEACH, BACKYARD OR SCHOOLYARD

Each year, dozens of schools around the state – and often entire school districts – participate in the Cool Schools Plunge for Special Olympics Delaware.

This year, schools can participate in Rehoboth Beach on February 6 OR virtually in their own schoolyard or other location of choice.

Some school teams are organized by faculty or staff while others are student-led. Participants can include administrators, staff, students and families and friends.

It's not about where or when or how the pack plunges, instead it's all about who the plunge is for – the SODE athletes, many whom participate in Special Olympics at the Cool School that is plunging.

For more information on getting a school to become a Cool School, contact info@sode.org.

## XXX BOCCE ROLLS INTO SCHOOLS

For the first time ever, school programs across the state will be competing in the sport of bocce. Bocce is one of SODE's most popular sports in the Area programs and now students at every grade level will have the opportunity to participate.

Bocce is a team sport – 2 or 4 athletes and/or Unified partners per team – that requires pinpoint hand-eye coordination and judgement as players try to outmaneuver their opponents

by rolling their ball closest to the target, also known as the "jack ball". Bocce promotes teamwork as players strategically discuss the best way to roll and position their ball to have an advantage over their opponent.

As bocce becomes more and more popular as an outdoor yard game at picnics and backyard gatherings, learning the sport through Special Olympics gives our athletes confidence when asked to play in the community.





### **TOUCHDOWN!**

#### WHO'S READY FOR SOME FOOTBALL?

Did you know that there are Unified Flag Football teams competing under the umbrella of the Delaware Interscholastic Athletic Association just like other high school varsity football teams across the state?

Games take place on weekday afternoons and admission is free. The high schools competing this year are: Appoquinimink, Caesar Rodney, Cape Henlopen, Delcastle, Dover, McKean, Middletown, Mount Pleasant, Newark Charter, Seaford, Smyrna and Woodbridge.

To find a game near you, look up your local school's schedule at www.websites4sports.com and head out to cheer as the Special Olympics athletes and Unified partners make their schools proud!



Special Olympics
Unified Champion
Schools\*