## Children and Family Programs at Kennesaw State University.



My name is Allison Garefino and I am the clinical director of the newly formed Children and Family Programs at Kennesaw State University. I wanted to take a moment to let you know a little bit about our services provided by the Children and Family Programs. We are offering evidence based interventions and prevention services for schools and families with children struggling with academic, behavioral, and social failures often associated with ADHD, ODD, and CD. Right now

we are registering parents for our "Supporting Academic Success: Community Parenting Strategies Education Program"

This Community Parenting Strategies program is for parents of 5-12 year-olds who are struggling academically, socially, and/or behaviorally. Children participate in social skills groups while parents work together to learn strategies to support academic and behavioral success. There have been over 175 studies published in academic journals that prove these strategies really work.

The 90 minute weekly program began on 2/27 at First United Lutheran Church 3481 Campus Loop Dr. on KSU's campus. Rolling admissions continue through April. The registration fee covers six 90-minute Social Skills Sessions that run concurrently with six 90-minute Parenting Strategies Meetings. The fee also covers a treatment summary and recommendations at the end of the 6 weeks. For more information, please visit: http://conflict.hss.kennesaw.edu/training/workshop\_childrenandfamily/

We also offer individual packages, such as medication assessments, establishing a Home/ School Daily Report Card, and individual treatments for anxiety/depression. ■

Dr. Garefino is a graduate of the University of Pittsburgh and earned her Ph.D. in clinical Psychology from the State University of New York at Buffalo. She is a Part-Time Assistant Professor in the psychology department of Kennesaw State University, and the recipient of their Part-Time Distinguished Teaching Award three years in a row. Her mentor Dr. William Pelham, Jr. developed a state of the art Summer Treatment Program (STP) for children and adolescents with ADHD. Dr. Garefino served as the Clinical Director of the STP at the Center for Children and Families in Buffalo. She has also led many parenting strategies workshops, and helped develop and implement school-wide behavioral interventions.

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## ARE YOU A PARENT OF A CHILD AGED 5-12 WHO:

- · Has trouble with homework and time managment?
- · Receives notices of disruptive behaviors at school?
- Doesn't follow directions at home?
- Has been diagnosed with ADHD or has behavior problems?

If you have found yourself considering some of these questions, join our Parenting Strategies Program for parents of 5-12 year-olds. Children & Family programs will assist parents in increasing their child's academic potential.

Children participate in social skills groups while parents work together to learn strategies to support academic success and behavior management techniques. Our goal is to help parents promote positive changes in their children's home and school behavior.

Parenting Strategies have been proven to work in over 175 published studies in academic journals

Allison C. Garefino, Ph.D. Clinical Director , Children & Family Programs Kennesaw State University

365 Cobb Avenue NW, MD 1604, RM 221, Kennesaw, GA 30144 Email: agarefin@kennesaw.edu | Phone: (470) 578-2233