

Department of Youth Rehabilitation Services FY2016

Agency Department of Youth Rehabilitation Services

Mission The mission of the Department of Youth Rehabilitation Services (DYRS) is to improve public safety and give court-involved youth the opportunity to become more productive citizens by building on the strengths of youth and their families in the least restrictive, most home-like environment consistent with public safety.

Summary of Services The DC Department of Youth Rehabilitation Services is the local juvenile justice agency responsible for providing safe and stable secure residential and community-based programs to court-involved youth. Programming targeting committed youth is designed to expand opportunities to youth so that they can become more productive citizens and to reduce delinquent behavior. In addition, DYRS provides secure detention and effective detention alternative programs to youth who are placed under the custody of the D.C. Superior Court's Division of Social Services.

2016 Objectives

FY16 Objectives

Objective Number	Objective Description
Committed Services Division (3 Objectives)	
1	Provide community-based programs, services, supports and opportunities that prepare youth to succeed.
2	Operate secure facilities that are safe, humane, and address youth needs using a strengths-based approach.
3	Provide services, supports and opportunities to young people that will reduce their delinquent behavior and promote public safety.
Detained Services Division (2 Objectives)	
1	Operate secure facilities that are safe, humane, and address youth needs using a strengths-based approach.
2	Provide individualized educational services and opportunities to
OFFICE OF THE DIRECTOR/AGENCY MANAGEMENT (2 Objectives)	
1	Develop a performance driven culture and infrastructure focusing on improving outcomes for youth in our care and supported by a qualified and well-trained professional staff.
2	Oversee the implementation of agency-wide priorities.

2016 Key Performance Indicators

Measure	Division	Frequency of Reporting	FY 2013	FY 2014	FY 2015	FY 2015 Target	FY 2016 Target
1 - Develop a performance driven culture and infrastructure focusing on improving outcomes for youth in our care and supported by a qualified and well-trained professional staff. (2 Measures)							
YDR Staff in full compliance with training requirements		Quarterly					80
Direct Care Staff Trained in Positive Youth Development		Quarterly					90

1 - Operate secure facilities that are safe, humane, and address youth needs using a strengths-based approach. (3 Measures)						
Rate of injuries to youth from assaults at YSC per 1,000 bed nights		Quarterly				5.5
Youth receiving medical and mental health screening within four hours of admission to YSC		Quarterly				90
Average daily ratio of direct care staff to youth during collection month		Quarterly				0.95
1 - Provide community-based programs, services, supports and opportunities that prepare youth to succeed. (3 Measures)						
Newly committed youth that undergo a complete case planning process and are in placements and receiving services consistent with their Team Meeting and Success Plan		Quarterly				95
Committed youth connected to school or work at six month intervals from the date of their enrollment in the Service Coalition		Quarterly				80
Committed youth connected to school or work at six month intervals from the date of their release from the DC Model Unit Program		Quarterly				80
2 - Operate secure facilities that are safe, humane, and address youth needs using a strengths-based approach. (1 Measure)						
Rate of injuries to youth from assaults at NBYDC per 1,000 bed nights		Quarterly				6
2 - Oversee the implementation of agency-wide priorities. (2 Measures)						
Youth Development Representative (YDR) positions vacant		Quarterly				8
Number of Case Management Staff and Social Workers in Professional Development Training Track		Annually				75
3 - Provide services, supports and opportunities to young people that will re-duce their delinquent behavior and promote public safety. (3 Measures)						
Committed Youth in Out of State Residential Placements		Quarterly				15.5
Average caseload		Quarterly				22
Recidivism rate for youth released from the DC Model Unit Program within six months of the date of their release		Quarterly				28

2016 Workload Measures

Measure	Frequency of Reporting	FY 2013	FY 2014	FY 2015
Workload Measure (4 Measures)				
Number of youth newly committed to DYRS by the D.C. Superior Court	Annually			

Average daily population at Youth Services Center	Annually			
Average Length of Commitment	Annually			
Average Daily Committed Population	Annually			

2016 Initiatives

Objective Number	Objective Title	Initiative Number	Initiative Title	Initiative Description
Committed Services Division - 1 (1 Initiative)				
1		1.1	Implement gender-based programming strategies equivalent to best practices in other jurisdictions.	In FY 2016 DYRS will launch programs directed at our female and LGBT populations with the goal of increasing participation in Achievement Center Programs. We will re-view current agency practices and research best practices by December 15, 2015. Implementation and program launch will occur in January-March 2016.
TOT				
Committed Services Division - 2 (2 Initiatives)				
2		2.1	Create programming at New Beginnings focused on the Positive Youth Justice Domains.	In FY2016, staff at New Beginnings will hold at least 8 campus-wide recreational events to include participation from both staff and youth. These activities will engage at least 20% of the youth at the facility in each event and focus on team building, fostering healthy relationships and strengthen team cohesiveness. Completion Date: September 30, 2016
2		2.2	Implement specialized behavioral health groups at New Beginnings.	In order to address the ongoing behavioral health needs of our committed youth, New Beginnings will offer three intensive, specialized behavioral health groups focused on the following issues: grief and loss, substance abuse, and trauma systems therapy. Completion Date: September 30, 2016
TOT				
Committed Services Division - 3 (2 Initiatives)				
3		3.1	Implement an aggressive strategy to assess and provide treatment to youth who need substance abuse services.	At intake youth will be assessed for substance use and abuse. A drug test will also be given. If there is a positive result, and based on the findings from our screening tool, an assessment will be made to determine if intervention is needed. A youth may be referred to either inpatient or outpatient services. An agreement with APRA (Addiction Prevention and Recovery Administration) will allow for DYRS and our service providers to access real-time information about the treatment and programming for individual youth. This will be used by social workers to track and monitor participation and completion of programs.

3		3.2	Increase parental involvement in the DYRS Team Decision Making process.	In FY2015, DYRS launched a new family team meeting approach called Team Decision Making. We hold quarterly meetings with each committed youth for the duration of their commitment. In FY2016 we will focus our efforts on parental involvement in these very important meetings. In each meeting we review the CAFAS (Child and Adolescent Functional Assessment Scale) and create a treatment plan for the next 90 days. With increased parental support of the process, we believe we can also increase our overall family empowerment efforts for each youth. In order to do this, the TDM team will reach out to parents in advance of each meeting, ensure that meetings are held at times convenient for the family, and work with Case Managers to coordinate each meeting. Additionally, the agency will begin to use both genograms and ecomaps as part of our family empowerment efforts.
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Detained Services Division - 1 (1 Initiative)

1		1.1	Provide youth focused programming that supports youth's physical, emotional and social development by cultivating a sense of personal responsibility and modeling positive behavior.	Youth Service Center staff will develop meaningful programs focused on the Positive Youth Justice Domains. Programs will be conducted every 2-3 months and will focus on each of the 6 domains.
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Detained Services Division - 2 (1 Initiative)

2		2.1	Increase the number of family engagement activities within the Youth Service Center facility.	In order to increase youth and family empowerment, YSC will create opportunities for families to participate in activities with their youth on a regular basis. The YSC facility will offer quarterly family social events to include resource fairs. Also, regular family game nights will be held in conjunction with the behavioral health groups held at the facility.
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OFFICE OF THE DIRECTOR/AGENCY MANAGEMENT - 1 (1 Initiative)

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1		1.1	The Case Management division will improve service delivery to all committed youth.	In FY 2015, the agency began a series of reforms in the Case Management Business Unit. In FY 2016 we will continue our efforts, in order to reduce staff turnover and achieve our targets for complete case management/service delivery. This includes: <ul style="list-style-type: none"> • Launching a revised Case Management Manual. We will also provide training and technical assistance to all workers once the manual is released; • Conducting Quarterly Booster Trainings on important case management topics and practices (such as CAFAS, setting goals with youth, and family engagement); and • Providing Continuing Education and Professional Development opportunities on a quarterly basis for all social workers.
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OFFICE OF THE DIRECTOR/AGENCY MANAGEMENT - 2 (1 Initiative)

2		2.1	Drive the agency towards a "trauma-informed" approach in order to provide better care and individualized services to youth.	National trends have recently shifted towards a trauma-informed approach to service delivery within social service and government organizations. In FY16, DYRS will provide trauma-informed introductory training to all agency staff. Additionally, we will work towards implementing additional services and programs focused on the needs of youth with trauma in their past.
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