### **Department of Aging and Community Living FY2023**

Agency Department of Aging and Community Living

Agency Code BY0

Fiscal Year 2023

Mission The mission of the Department of Aging and Community Living is to advocate, plan, implement, and monitor programs in health, education, and social services for the elderly; to promote longevity, independence, dignity, and choice for aged District residents, District residents with disabilities regardless of age, and caregivers; to ensure the rights of older adults and their families, and prevent their abuse, neglect, and exploitation; to uphold the core values of service excellence, respect, compassion, integrity, and accountability; and to lead efforts to strengthen service delivery and capacity by engaging community stakeholders and partners to leverage resources.

## Strategic Objectives

Objective Number	Strategic Objective
1	Customer Information, Assistance and Outreach: Provide information, assistance and outreach to District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers that promotes awareness and access to services and supports offered in the District.
2	Home and Community-Based Supports: Provide direct services and supports in the community, including nutrition services, for District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers that promote living well in the District.
3	Create and maintain a highly efficient, transparent, and responsive District government.

### Key Performance Indicators (KPIs)

Measure	Directionality	FY 2020 Actual	FY 2021 Actual	FY 2022 Target	FY2022 Actual	FY 2023 Target
1 - Customer Information, Assistance and Outreach: Provide information, assis disabilities between the ages of 18 and 59, and caregivers that promotes awa Measure records)						
Percent of residents working with D.C. Long-Term Care Ombudsman Program that self-report a satisfactory resolution to a complaint, concern, or problem	Up is Better	80%	84%	85%	87%	85%
Percent of callers looking for information and assistance that heard about DACL services through the agency's outreach efforts	Up is Better	27%	35%	25%	26%	25%
2 - Home and Community-Based Supports: Provide direct services and suppor 60 or older, people with disabilities between the ages of 18 and 59, and careg						
Percent of family caregivers participating in D.C. Caregivers Institute that self-report an improved ability to provide care	Up is Better	100%	96%	90%	97%	90%
Percent of residents attending Senior Wellness Centers that self-report an increase in awareness and practices of health habits	Up is Better	91%	81%	80%	89%	80%
Percent of Emergencies Responded to Within 24 Hours by Adult Protective Services	Up is Better	95%	100%	100%	100%	100%
Percent of referrals in non-emergency cases where initial client contact and investigation takes place within ten working days by Adult Protective Services	Up is Better	95%	100%	85%	90%	85%

#### **Operations**

Operations Title	Operations Description	Type of Operations
	, Assistance and Outreach: Provide information, assistance and outreach to District residents age 60 or older, peo ages of 18 and 59, and caregivers that promotes awareness and access to services and supports offered in the Dis	
Advocacy/Elder Rights	Provide legal and advocacy support and protective services for District residents age 60 or older in need of assistance with long-term care planning, quality of care disputes, estate and financial planning, and civil disputes.	Daily Service
Community Outreach and Special Events	Provide engaging socialization opportunities and community service and support awareness campaigns for District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers that combat social isolation, improve access to services, address the needs of LGBT seniors, and project a positive image of aging and people with disabilities.	Daily Service
Adult Protective Services	Adult Protective Services (APS) receives and investigates reports of alleged cases of abuse, neglect, and exploitation and self-neglect of vulnerable adults 18 years of age or older. APS conducts assessments and provides linkages to supports and provides services to mitigate against abuse, neglect, self-neglect, and exploitation.	Daily Service
Assistance and Referral, and Community Transition Services	Provide information on, connection to, and assistance with accessing home and community-based services, long-term care options, and public benefits for District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers. Provide Community Transition Service.	Daily Service
Customer Information, Assistance and Outreach	Customer Information, Assistance and Outreach	Daily Service
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Customer Information, Assistance and Outreach	Provide information, assistance and outreach to District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers that promotes awareness and access to services and supports offered in the District.	Daily Service

2 - Home and Community-Based Supports: Provide direct services and supports in the community, including nutrition services, for District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers that promote living well in the District. (5 Activity records)

Operations Title	Operations Description	Type of Operations			
Nutrition Program	utrition Program Provide prepared meals, fresh foods, and nutrition assistance to District residents age 60 or older that maintains or improves health and the ability to remain independent in the community.				
Senior Wellness Center/Fitness & Kingdom Care Village	Provide socialization, physical fitness, and wellness programs for District residents age 60 or older that promote healthy behaviors.	Daily Service			
Transportation	Provide transportation services to essential non-emergency medical appointments and social/recreational group trips.	Daily Service			
Case Management and Nursing Home Transition Services	Provide core services and supports, such as case management and counseling services, for District residents age 60 or older, people with disabilities between the ages of 18 and 59, and caregivers.	Daily Service			
In-home Services	Provide in-home adaptations, homemaker services and caregiver support for District residents age 60 or older to help manage activities of daily living, keep the home safe and prevent caregiver burnout.	Daily Service			
3 - Create and maintain a	highly efficient, transparent, and responsive District government. (1 Activity)				
Create and maintain a highly efficient, transparent, and responsive District government	Create and maintain a highly efficient, transparent, and responsive District government	Key Project			

# Workload Measures (WMs)

Measure	FY 2020 Actual	FY 2021 Actual	FY2022 Actual
1 - Adult Protective Services (3 Measure records)		,	
Number of court Appointed Guardians/Conservators	43	42	50
Number of referrals received in Adult Protective Services	1809	1764	1922
Number of cases investigated in Adult Protective Services	1152	1071	1121
1 - Advocacy/Elder Rights (2 Measure records)			
Number of hours of advocacy and legal support provided to residents	8646.5	9369.3	12,384.5
Number of hours of Long-Term Care Ombudsman services provided to residents	1336.5	1339.6	1633.6
1 - Assistance and Referral, and Community Transition Services (8 Measure records)			
Number of family/resident council meetings attended at nursing facilities (to include virtual events during the PHE)	Not Available	9	276
Number of clients assisted under the State Health Insurance Program	Not Available	3417	3485
Number of calls received for information, referral, and assistance through the Aging and Disability Resource Center.	Not Available	31,628	32,386
Average days to transition from Nursing Facilities (for clients without housing to return to)	Not Available	297.5	259.3
Number of referrals from Nursing Facilities	Not Available	270	315
Number of residents served by DACL's Medicaid Enrollment Staff	2222	2106	1902
Number of community transition team cases closed	Not Available	141	139
Average days to transition from Nursing Facilities (for clients who have housing to return to)	Not Available	126.5	116
1 - Community Outreach and Special Events (2 Measure records)			
Number of State Health Insurance Program-specific events, to include virtual events during the PHE	Not Available	6	19
Number of community outreach events held by the External Affairs and Communications Team, to include virtual programming during the public health emergency (PHE)	108	168	209
2 - Case Management and Nursing Home Transition Services (3 Measure records)			
Number of residents transitioned from an institutional setting to the community	65	79	133
Number of residents receiving options counseling	5637	2506	3161
Number of residents receiving case management	2206	2020	886
2 - In-home Services (2 Measure records)			
Number of residents receiving home adaptations	723	958	942
Number of residents receiving homemaker services	350	241	254
2 - Nutrition Program (3 Measure records)			
Number of residents participating in Eat Well, Live Better program	New in 2023	New in 2023	New in 202
Number of residents receiving home-delivered meals	8120	8357	5530
Number of residents attending community dining sites	4241	1826	3537

Measure	FY 2020 Actual	FY 2021 Actual	FY2022 Actual	
2 - Senior Wellness Center/Fitness & Kingdom Care Village (2 Measure records)				
Number of residents participating in Kingdome Care Village	New in 2023	New in 2023	New in 2023	
Number of residents participating in Senior Wellness Center programs (not unduplicated)	2576	1589	2178	
2 - Transportation (3 Measure records)				
Number of residents participating in Connector Card Program	New in 2023	New in 2023	New in 2023	
Number of residents provided transportation to medical appointments	1259	1264	1272	
Number of residents provided transportation to social and recreational activities	1467	0	1270	

# Strategic Initiatives

Strategic Initiative Title	Strategic Initiative Description	Proposed Completion Date
Create and mainta	in a highly efficient, transparent, and responsive District government (2 Strategic Initiative records)	
Develop the 2023 – 2026 State Plan on Aging	DACL was provided an extension for the development of 2023 – 2026 State Plan on Aging. In FY 23, DACL will continue the work of engaging residents from all eight wards, community stakeholders, and the Commission on Aging by holding a series of interactive workshops to gather feedback that will be used to develop actionable goals for the State Plan.	09-30-2023
Develop the 2023 – 2026 State Plan on Aging	DACL was provided an extension for the development of 2023 – 2026 State Plan on Aging. In FY 23, DACL will continue the work of engaging residents from all eight wards, community stakeholders, and the Commission on Aging by holding a series of interactive workshops to gather feedback that will be used to develop actionable goals for the State Plan.	09-30-2023
In-home Services	(1 Strategic Initiative)	
Combat Senior social isolation through digital programming	In FY23, DACL will provide homebound, home delivered meal clients with iPads, in-home wifi connection, tech support, and the opportunity to participate in a virtual dining site and wellness center that will feature virtual programming specifically designed for older adults with limited mobility.	09-30-2023