



9 Activities for

Kinesthetic Learning

1

Use letter tiles

Activities that use letter tiles are some of the most effective activities for teaching reading and spelling.

2

Get outside

Trace letters, words, or phonograms in the sand or dirt. Is it winter? Go outside and stomp giant letters in the snow.

3

Ooey-goopy fun

Fill a zip-top baggie with shaving cream, whipped cream, soap, glue, or pudding. Seal and write letters on the bag!

4

Bounce around

Spell words while jumping on a trampoline, bouncing a ball, or playing catch. Yell out one letter for every jump, bounce, or toss!

5

Get crafty

Use playdough, pipe cleaners, or Wikki Stix to form letters and words.

6

Play hopscotch

Write letters or words in each square of a hopscotch grid. When your child picks up his marker, have him read the letter or word in the square.

7

Use a beach ball

Write letters or words on a beach ball. Have your child throw the ball in the air, catch it, and say the letters or words closest to his thumb.

8

Have a "snowball" fight

Use ping pong balls, Nerf balls, or crumpled paper as snowballs. Write letters or words on index cards and tape them to the wall. As you call out letters or words, your child must find them and throw snowballs at them.

9

Play hide and seek

Write words and sentences on pieces of paper and hide them around the room. When your child finds a piece of paper, he must read it before searching for the next one.

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<https://blog.allaboutlearningpress.com/19-activities-for-kinesthetic-learning>