

LDR433: Managing Human Risk



SSAP
Security Awareness
Professional
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3 Day Course | 18 CPEs | Laptop Not Needed

This Course Will Prepare You to:

- Master how to map and benchmark your program's maturity against your peers'
- Understand the Security Awareness Maturity Model and how to leverage it as the roadmap for your program
- Ensure compliance with key standards and regulations
- Implement models for learning theory, behavioral change, and cultural analysis
- Define human risk and explain the three different variables that constitute it
- Explain risk assessment processes
- Leverage the latest in Cyber Threat Intelligence and describe the most common tactics, techniques, and procedures used in today's human-based attacks
- Identify, measure, and prioritize your human risks and define the behaviors that manage those risks
- Define what security culture is and the common indicators of a strong security culture
- Explain your organization's overall culture and how to most effectively align cybersecurity with and embed into your organization's culture
- Measure the impact of your program, track reduction in human risk, and how to communicate to senior leadership the value of the program

"I think the course is really engaging and works at two levels: (1) It would provide someone starting out with a solid foundational knowledge, (2) It allows an existing program to benchmark and get new ideas, to supplement the existing work."

—Brian Wright,
Student Loans Company Unlimited

People have become the primary attack vector. Manage your human risk.

Learn the key lessons and the roadmap to build a mature awareness program that will truly engage your workforce, change their behavior and ultimately manage your human risk. Apply models such as the BJ Fogg Behavior Model, AIDA Marketing funnel, and Golden Circle, and learn about the Elephant vs. the Rider. Concepts include how to assess and prioritize your top human risks and the behaviors that manage those risks, how to engage, train and secure your workforce by changing their behaviors and culture, and how to measure the impact and value of that change.

The course content is based on lessons learned from hundreds of programs from around the world. You will learn not only from your instructor, but from extensive interaction with your peers. Finally, through a series of labs and exercises, you will develop your own custom plan to implement as soon as you return to your organization.

Business Takeaways:

- Align your security awareness program with your organization's strategic security priorities
- Effectively identify, prioritize and manage your organization's top human risks.
- More closely integrate your security awareness efforts with your security team's overall risk management efforts.
- Make the most of your investment by sustaining your program long term, going beyond changing behavior to embedding a strong security culture
- Communicate and demonstrate the value of the change to your senior leadership in business terms

Hands-On Training:

A big part of the course is not only learning but applying what you learn working as groups with your peers. Not only does this provide you a far better understanding and application of course content, but enables you to interact and learn from others. This three section course has eight interactive labs. Each lab is approximately 30 minutes to complete as a team, with another 20-30 minutes of group discussion.

- **Section 1:** Determine Your Program's Maturity Level, Creating an Advisory Board, Identify and Prioritize the Top Human Risks to Your Organization
- **Section 2:** Identify and Prioritize the Key Behaviors that Manage Your Top Human Risks, Leverage the AIDA Model to Sell MFA, Putting it All Together, Creating an Engagement Plan
- **Section 3:** Define Your Organization's Culture, Measuring a Key Human Risk and Behaviors that Manage that Risk

Additional Free Resources

- [Security Awareness Roadmap: Managing Your Human Risk](#), poster
- [Annual Security Awareness Report™: Managing Human Risk](#)
- [Career Development for Security Awareness, Engagement, and Culture Professionals](#) (For those of you who are looking to get involved in this field, or are already involved but looking to grow, consider reading this blog on how to develop your career path.)

Section Descriptions

SECTION 1: Fundamentals and Identifying/Prioritizing Human Risk

Section 1 covers the fundamentals by specifically answering what is human risk and how organizations can effectively manage it. We start with students defining the maturity of their existing program and provide a roadmap on how to improve their program maturity. We then cover critical foundations for a successful program; leadership support, a program charter, and an advisory board. We then cover the fundamentals of risk management and how that applies to managing human risk, to include models of behavior change. We finish the day with a process on how to identify and prioritize your top human risks.

TOPICS:

- How to map and benchmark your programs maturity
- The five stages of the Security Awareness Maturity Model
- The fundamentals of risk and risk management
- The definition of human risk and the three variables that define it
- Why humans are so vulnerable and the latest methods cyber attackers use to exploit these vulnerabilities
- Steps to gain and maintain leadership support for your program
- How to develop and leverage an effective Advisory Board
- The B.J. Fogg Behavior Model and how it applies to your overall strategy of changing workforce behavior
- Developing a strategic plan that prioritizes your organization's human risk, the behaviors to manage those risks, and changing those behaviors
- A walk-through on how to conduct a human risk assessment and how to prioritize your organization's top human risks, including leveraging the latest in Cyber Threat Intelligence (CTI)
- How to identify and manage role-based risks

SECTION 2: Identifying and Changing Behavior

The second section begins with how to identify the key behaviors that manage your top human risks, to include defining each behavior as a learning objective. We then cover how to change behaviors at an organizational level, starting with the fundamentals of engagement and motivating change, then how to adapt your program to different demographics, cultures and regions. We then go into the many different methods and modalities to train and engage your workforce, ending with a team lab where you apply everything you have learned up to this point.

TOPICS:

- Resources for your long-term success
- Defining learning objectives and how they apply to learning theory
- How to identify and prioritize the top behaviors that manage your key human risks
- Fundamentals of engaging and changing human behavior
- Introduction of the Golden Circle and the importance of "why"
- How you can effectively create an engagement strategy leveraging marketing models
- Top tips for effective translation and localization
- The effective use of imagery, with a focus on diverse or international environments
- The two different training categories, primary and reinforcement, and the roles of each
- How to effectively develop and provide instructor-led training (ILT), virtual live training (VLT) and computer-based training (CBT)
- Different reinforcement methods, including newsletters, infographics, podcasts, microvideos and video shorts, memes, hosted speaker events, hacking demos, scavenger hunts, virtual lunch-and-learns, and numerous other training activities
- How to create an effective, long-term incentivization program

SECTION 3: Security Culture and Measuring Change

The first course section begins with the fundamentals by specifically answering two questions: What is awareness and how do we define it? What is human risk and how can awareness programs enable us to effectively manage it? We then cover the most critical foundations for a successful program, which include leadership support, a program charter, and an advisory board. We'll cover the science of behavior change and the two pillars of a strategy that supports that change. We then do a deep dive into identifying and prioritizing your organization's top human risks and the behaviors to manage those risks.

TOPICS:

- We start the day with career development, a series of steps you can take to grow your credibility, position and compensation
- We explain what organizational culture is and how to define your organization's overall culture
- We explain what security culture is, the value of a strong security culture and the most common indicators of both a weak and strong security culture
- We walk students through how to align with and embed a strong security culture into their existing overall culture
- A deep dive into Ambassador Programs
- Fundamentals of metrics, including why we collect them and how to leverage them strategically
- How to measure behaviors and their impact to managing human risk
- How to measure culture
- Top five strategic metrics senior leaders care about the most
- How to communicate to senior leaders the value of managing human risk using risk and maturity models
- Putting an overall plan together
- Resources for success moving forward

Who Should Attend

- Security awareness, training, engagement or culture officers
- Security management officials
- Security auditors, and governance, legal, privacy or compliance officers
- Training, human resources and communications staff
- Representatives from organizations regulated by industries such as HIPAA, GDPR, FISMA, FERPA, PCI-DSS, ISO/IEC 27001 SOX, NERC, or any other compliance-driven standard
- Anyone involved in planning, deploying or maintaining a security education, training, influence or communications program

NICE Framework Work Roles

- Cyber Instructional Curriculum Developer: OV-TEA-001
- Cyber Instructor: OV-TEA-002
- Security Awareness and Communications Manager: OV-TEA-003
- Cyber Workforce Developer and Manager: OV-SPP-001



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SANS Security Awareness Professional

Organizations seek proven leaders who have the expertise and skills to effectively manage and measure human risk. The SANS Security Awareness Professional (SSAP) provides not only this expertise, but also signifies, documents and certifies that the holder has met the requirements to elevate the overall security behavior of the workforce.

The first step to achieving your SSAP is taking the three-day [SANS LDR433](#) course on building mature awareness programs.