

# AI at Work Is Here. Now Comes the Hard Part



## Finding 1

Employees want AI at work—and won't wait for companies to catch up

They're bringing their own tools even as leaders face AI inertia.

- **82%** of knowledge workers based in the Bay Area use generative AI at work. (vs. **71%** of US knowledge workers)
- While **87%** of leaders based in the Bay Area believe their company needs to adopt AI to stay competitive, **83%** of leaders based in the Bay Area worry their organization's leadership lacks a plan and vision to implement it. (vs. **77%** and **60%** of US leaders)
- **57%** of AI users based in the Bay Area are bringing their own AI to work (BYOAI). (vs. **63%** of US workers)



## Finding 2

For employees, AI raises the bar and breaks the career ceiling

Some are itching for a career change, and there is a massive opportunity for those willing to skill up on AI.

- **82%** of leaders based in the Bay Area say they would not hire someone without AI skills. (vs. **65%** of US leaders)
- **86%** of leaders based in the Bay Area say they'd rather hire a less experienced candidate with AI skills than a more experienced candidate without them. (vs. **71%** of US leaders)



## Finding 3

The rise of the AI power user—and what they reveal about the future

Power users use AI at least several times per week. They say it saves them more than 30 minutes per day.

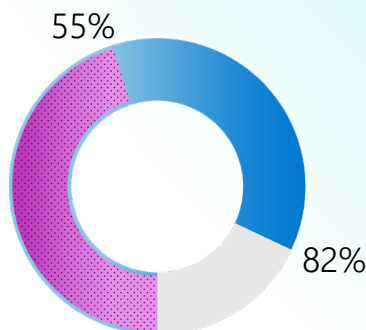
- **88%** of AI power users based in the Bay Area start their day with AI and **90%** use it to get ready for the following day. (vs. **80%** and **82%** of US AI power users)
- AI power users based in the Bay Area are **40%** more likely to frequently ask co-workers what prompts they find most useful and **41%** more likely to experiment with different ways of using AI. (vs. **40%** and **45%** more likely for US AI power user)

## Four Out of Five People in the Bay Area Are Using AI at Work

Usage more than doubled in the last six months.

82% of people are **already using AI at work**

55% of them started using it **less than 6 months ago**



### Survey Questions:

How often do you use generative artificial intelligence (AI) for your work?

How long have you been using generative artificial intelligence (AI) at work?

Read the full report on [WorkLab](#)